



Shelter Recovery Growth

Three Program Components...

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## **Overnight Shelter Program**

(Please note: The Overnight Shelter Program is one of three, separate, Hope House program components. The other two are the Residential Addictions Program and the Halfway House Program.)

#### **Brief Description:**

This program component provides temporary, safe, and warm overnight shelter for men without access to other alternatives (personal lodging, family, friends, etc.).

- 1. Doors open at 4 PM.
- 2. A hot evening meal is provided
- 3. Shower and bathing facilities, with clean linens, are provided
- 4. Television is available
- 5. Sleeping accommodations, with clean linens, are provided in a dormitory setting
- 6. A continental breakfast is available
- 7. Guests leave at approximately 7am and may return at 4pm.
- 8. In situations of extreme temperatures (below 35 or over 95 degrees), Shelter quests may remain in the facility throughout the day.

### **Admission Criteria:**

- 1. Must provide appropriate identification within ten (10) days.
- 2. No active COVID symptoms.
- 3. No sex offenders
- 4. Medications will be reviewed and approved.
- 5. Must be able to provide personal care for themselves (showering, getting dressed, etc.).
- 6. Must be mentally alert and able to answer basic questions.
- 7. Must be able to understand and follow basic rules.
- 8. Cannot be under the active influence of any drugs or alcohol.
- 9. All cellphones and electronics must be turned in.
- 10. All weapons of any kind (knives, guns, chemical sprays, etc.) must be turned in.
- 11. Behavior must be cooperative and respectful of other guests and staff (no fights, heated arguments, profanity, etc.).



## **Residential Addictions Recovery Program**

(Please note: The Residential Addictions Recovery Program is one of three, separate, Hope House program components. The other two are the Overnight Shelter Program and the Halfway House Program.)

#### **Brief Description:**

This program component offers a 90-day residential program for men challenged by alcohol and drug dependency.

- 1. The program is a faith-based and non-medically assisted program that emphasizes a relationship with a "Higher Power".
- 2. Admission occurs after a pre-admissions interview.
- 3. The structured Program consists of:
  - Daily 'meetings' or classes taught by various staff and volunteers
  - Attendance at various outside 'meetings' (generally Alcoholics or Narcotics Anonymous)
  - Educational and recreational field trips
  - · Personal study and reading
  - Participation in a group community of men jointly facing similar life issues
  - Classes and guidance on life skills
  - Worship opportunities
  - Selected and appropriate work/task assignments.
- 4. Shared sleeping quarters, meals, bathing facilities, linens, laundry options and television/internet are provided.
- 5. There is no financial charge to participants. (Hope House is financially supported by generous donors and grants.)

### **Admission Guidelines:**

- 1. No active COVID symptoms
- 2. Cannot be under the active influence of any drugs or alcohol.
- 3. Certain medications (mind-altering) are not allowed
- 4. Must be able to provide personal care for themselves (showering, getting dressed, etc.)
- 5. Must be mentally alert and able to participate in program activities.
- 6. Must be able to understand and willing to follow basic rules.
- 7. All weapons of any kind (knives, guns, chemical sprays, etc.) are turned in.
- 8. Behavior must be cooperative and respectful of other guests and staff (no fights, heated arguments, profanity, etc.).

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## **Halfway House Description**

(Please note: The Residential Halfway House Program is one of three, separate, Hope House program components. The other two are the Overnight Shelter Program and the Residential Addictions Program.)

#### **Brief Description:**

The Residential Halfway House Program is a resource that is, optionally, available to graduates of the Addictions Program. It exists to provide a safe, secure, and supportive residence while participants are actively working to re-establish a productive life outside of the Hope House environment. While there are no specific time limits, it is not intended to be permanent housing for participants.

#### **Admission and General Guidelines:**

Upon completion of the Residential Addictions Program, our clients have the opportunity to enter our Halfway house program onsite if needed and appropriate.

A petition form, requesting admission, is completed followed by an interview/discussion with the Director. This discussion includes review of the time spent in the Addictions Program and the applicant's compliance with the expectations of that program component. The Director will make the final decision as to admission into the Halfway House phase.

### **General Summary of Halfway House guidelines:**

- 1. Clients must remain sober. (Random drug testing as appropriate.)
- 2. If not employed as a Hope House mentor, clients will be actively pursuing employment or education.
- 3. Clients will provide awareness of their daily time. (Leaving, returning, places frequented, etc.). Curfew is 10 PM.
- 4. Overnights, outside of Hope House, must be approved.
- 5. Approved visitors are permitted.
- 6. Living areas and group areas must be kept neat and clean.
- 7. If present in Hope House, clients are expected to attend meetings and classes.
- 8. Personal vehicles are allowed but driver's license and insurance must be on file.





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